



# World Karate Federation

## Kata Competition

### Examination questions for Kata Judges

The answer paper is to be returned to the examiners. All answers are to be entered on the separate answer paper only. You must make sure that your name, country, number and any other information required are entered on the answer paper.

You may not have any additional papers or books on your desk while undertaking this examination. During the examination to be seen speaking to another candidate or copying another's paper will mean suspension and automatic failure of the examination. If you are not sure of the correct procedures or have any questions about any aspect of the examination you should speak only to an examiner.

The result of the examination both theory and practical will be sent to the candidate's National Federation.

## **Section 1. “TRUE OR FALSE”**

*On the answer paper put an “X” in the appropriate box. The answer to a question is true only if it can be held to be true in all situations; otherwise it is considered to be false. Each correct answer scores one point.*

1. In repechage it is allowed to repeat a Kata.
2. The total time allowed for the Kata and Bunkai demonstration combined, is six minutes.
3. In Kata competition variations as taught by the contestant's school are permitted.
4. Once performed a kata may not be repeated.
5. On completion of the kata Aka will leave the area to await the performance of Ao.
6. If the kata does not conform to the rules or there is some other irregularity the Chief Judge may call the other Judges in order to reach a verdict.
7. If a contestant is disqualified the Chief Judge will cross and uncross the flags.
8. At Hantei the competitor who receives the majority of votes will be declared the winner by the caller/announcer.
9. After Hantei when the Judges have lowered their flags the Chief Judge will indicate the winner by raising the appropriate coloured flag.
10. At Hantei if two Judge signals for Aka, one for Ao and the other two for Hikiwake a tie breaker kata will be used.
11. Judges should look for correct Kihon of the style being demonstrated.
12. The starting point for kata will marked with a small cross within the perimeter of the competition area.
13. The Chief Judge will start the competitor's performance with a short blast on his whistle.
14. Competitors from countries which are well known for producing medal winners should be given special consideration.
15. The starting point for kata performance is two metres inside the match area and facing the Chief Judge.
16. Giving a command to start and finish the kata by a team member is not considered to be an external cue.

17. A contestant who repeats a kata will not be disqualified.
18. Judges should look for correct Kihon of the Competitor's School being demonstrated.
19. A contestant who comes to a halt during performance of the kata will be disqualified.
20. In repechage only very long Kata is permitted.
21. In kata competition the sleeves of the karate-gi jacket may not be rolled up
22. It is the responsibility of the coach or competitor to ensure that the Kata as notified to the score table is appropriate for that particular round.
23. If a competitor fails to turn up (Kiken) the decision will be awarded automatically to the opponent.
24. A competitor whose opponent does not turn and is given Kiken may not use that kata (which has been notified to the score table) in the next round.
25. The karate-gi trousers may be slightly shorter so as to only cover half of the shin
26. The total time allowed for the Kata and Bunkai demonstration combined, is five minutes.
27. The total time allowed for the Kata and Bunkai demonstration combined, is seven minutes.
28. The score table personnel include timekeepers, scorekeepers and caller/announcers.
29. The kata competition area is defined as being twelve metres by twelve metres.
30. The Judges of a kata match may not have the same nationality as either of the contestants.
31. Although ribbons and other decorations for the hair are not allowed in kumite they are permissible in kata.
32. In the bouts for medals in Team Kata competition, teams will perform a demonstration of the meaning of the Kata (Bunkai).
33. The panel of three or five Judges for each match will be designated by the Tatami Manager.
34. The panel of five Judges for each match will be designated by the Tatami Manager.
35. The panel of five Judges for each match will be designated by the Referee Commission.
36. After giving sufficient time for the votes to be counted (approximately 5 seconds) the flags will be lowered after a further short blast on the whistle.
37. Female competitors must wear a plain white T-shirt beneath the Karate jacket.

38. Female competitors can, if they want, wear a plain white T-shirt beneath the Karate jacket.
39. The trousers must be long enough to cover at least two thirds of the shin and must not reach the anklebone.
40. The wearing of unauthorised apparel, clothing or equipment is forbidden.
41. A discreet rubber band or pony tail retainer is permitted in Kata competition.
42. The competition area must be of sufficient size to permit the uninterrupted performance of Kata.
43. The matted Kumite areas are not suitable for Kata competition.
44. The karate-gi jacket may be removed during the performance of Kata.
45. The elimination system with repechage will be applied in Kata Competition.
46. Variations as taught by the contestant's school of Karate will not be permitted.
47. The score table must be notified of the choice of Kata prior to each round.
48. A team which does not perform the bow at the completion of the Bunkai performance will be disqualified.
49. The number of Kata required is dependent on the number of individual competitors or teams entered.
50. Byes are counted as competitors or teams.
51. In assessing the performance of a contestant or team the Judges will evaluate the performance based on the four major criteria.
52. The four major criteria are: conformance, technical performance, athletic performance and technical difficulty.
53. Causing injury by lack of controlled technique during Bunkai is considered a foul.
54. The four major criteria are: conformance, correct breathing, athletic performance and technical difficulty.
55. The four major criteria are: strength, speed, balance and timing.
56. The four major criteria are: synchronisation, stances, control and timing.
57. Speed and balance are part of the athletic performance.
58. Rhythm and strength are part of the athletic performance.

59. Correct breathing, techniques and transitional movements are part of the technical performance.
60. Difficulty of the Kata and stances are part of the technical performance.
61. Strength, speed, balance and focus are part of the athletic performance.
62. In Bunkai performance; transitional movements and control are part of the technical performance.
63. In Bunkai performance; balance, timing and speed are part of the athletic performance.
64. In Bunkai performance: strength, timing and stances are part of the athletic performance.
65. Bunkai are to be given equal importance as the Kata itself.
66. Excessive bowing before starting the performance is considered a foul.
67. Causing injury by lack of controlled technique during Bunkai will result in the competitor's disqualification.
68. All of the four major criteria are to be given equal importance in the evaluation of the performance.
69. Performing the wrong kata or announcing the wrong kata leads to disqualification.
70. Stamping the feet, slapping the chest, arms, or karate-gi, will be taken into account by the Judges when arriving at a decision.
71. A competitor will not be disqualified if he does a distinct pause or stop in the performance for several seconds.
72. Bunkai are not to be given equal importance as the kata itself.
73. Interference with the function of the Judges leads to disqualification.
74. The use of audible cues from any other person, including other team members is considered a foul.
75. If the competitor's belt falls off during the performance of kata the competitor will be disqualified.
76. Failure to follow the instructions of the Chief Judge or other misconduct is considered a foul.
77. Failure to follow the instructions of the Chief Judge or other misconduct leads to disqualification.
78. Exceeding the total time limit of 6 minutes duration for Kata and Bunkai is considered a foul.

79. In Team Kata, all three team members must start and finish the Kata facing in the same direction and towards the Chief Judge.
80. Kata performance must be realistic in fighting terms and display concentration, power, and potential impact in its techniques.
81. Causing injury by lack of controlled technique during Bunkai is not considered a foul.
82. Minor loss of balance must not be considered in the evaluation of the Kata performance.
83. Exceeding the total time limit of 6 minutes duration for Kata and Bunkai leads to disqualification.
84. Kata performance must demonstrate strength, power, and speed, as well as grace, rhythm, and balance.
85. Minor loss of balance must be considered in the evaluation of the Kata performance.
86. Asynchronous movement, such as delivering a technique before the body transition is completed is considered a foul.
87. Inappropriate exhalation will be taken into account by the Judges when arriving at a decision.
88. In team kata; failing to do a movement in unison is not considered a foul.
89. Performing a movement in an incorrect or incomplete manner is considered a foul.
90. Time wasting, including prolonged marching, excessive bowing or prolonged pause before starting the performance is considered a foul.
91. Stamping the feet, slapping the chest, arms, or karate-gi, are audible cues.
92. The use of audible cues is not considered a foul.
93. Inappropriate exhalation is not an audible cue.
94. Failure to fully execute a block or punching off target is considered a foul.
95. Causing injury by lack of controlled technique during Bunkai is allowed.
96. The members of the team must demonstrate competence in all aspects of the Kata performance, as well as synchronisation.
97. Commands to start and stop the performance will be taken into account by the Judges when arriving at a decision.
98. It is the responsibility of the President of the National Federation to ensure that the Kata as notified to the score table is appropriate for that particular round.

- 99.** After completion of both Kata, the contestants will stand side by side on the perimeter. The Chief Judge will call for a decision (Hantei) and blow a two-tone blast on the whistle whereupon the Judges will cast their votes.
- 100.** Ties (Hikiwake) are permitted in Kata Competition.
- 101.** At Hantei the competitor who receives the majority of votes, will be declared the winner by the chief Judge.
- 102.** At the start of each bout the competitors will first bow to the Judging Panel and then to each other.
- 103.** After Hantei the competitors will bow first to each other and then to the Judging Panel.
- 104.** The Judges of a kata match should have the same nationality as the contestants.
- 105.** The competitors can select any a Kata from the official Kata list.