Karate NL Provincial Tournament Registration - Sat 08 February 2014

Location: Powerplex (NL Provincial Training Centre), Crosbie Road, St. John's, NL

Date: Saturday 08 February 2014.

Time: **8:00** am to 11:00pm (Jr events **10 yrs & Under**)

11:30am to 4:00pm (Jr events 11yrs & older; Senior events)

Times given are an estimation and competitors should arrive and be ready 30 mins prior.

Cost: \$20 – any 1 event; \$30 – any 2 events; \$35 – all 3 events (Kata, Team Kata, Kumite)

- Team Kata 3 members designate team captain.
- Divisions determined by highest ranking/age member on the team
- Kumite All competitors must have own gum shield, Jock for male, Jill for female (optional), Shinguards (white or coloured), gloves and belts (Blue & Red). WKF style interior chestguard (optional).

All registration to be received by Tournament Co-ordinator by deadline: Thur 06 Feb 2014.

| Dojo: | Sensei: | Amt: \$ |
|-----------------------|--------------------------------------|---------|
| Name: | M/F: Age: _ | Rank: |
| Events Kumite | Weightlbs Height | inches |
| Kata (in | dividual) | |
| Team Ka | ata - Members: | |
| 1. (Capt) | 2 | 3 |
| Permission of parent/ | guardian if competitor under 19 yrs: | |
| | Date: _ | |